



**High Performance Dinghy Open  
American Yacht Club, Rye, New York  
October 10 – 11, 2009**

## **SAILING INSTRUCTIONS**

### **1. RULES**

The regatta will be governed by:

- i. The Racing Rules of Sailing (RRS) including the prescriptions of US Sailing
- ii. The Class Rules applicable to each class entered and following rule changes:  
"Rule 50.2 will not apply to boats racing with asymmetric spinnakers. These boats shall comply with applicable Class Rule/s for spinnaker poles/bow sprits"
- iii. The Notice Of Race
- iv. The Sailing Instructions (SIs) and any amendments thereto.  
Part 5 Section B is changed by SI section 19 to provide for arbitration of protests of Part 2 rules.
- v. Safety Requirements  
Adequate personal buoyancy shall be worn by each competitor while racing. Flag Y will not be displayed. This changes Rule 40.  
A towing line not less than 35 feet long or less than 5/16" diameter and a paddle shall be carried by all boats at all times; except, due to practical limitations, A-Cats are excused carrying a paddle and Foiling Moths are excused carrying towline and paddle

### **2. ENTRIES**

The regatta is open to centerboard classes with a D-PN of 86.6 or less (see Portsmouth Number tables at <http://www.ussailing.org/Portsmouth/tables01/tables01cb.asp>) and other invited classes.

The following classes have been invited and/or confirmed participation: Flying Dutchman, International 505, Fireball, International 470, International 14, 49er, International Canoe, RSK6, Viper, A-Cat, F-18, Contender, Solo Swift, Musto Skiff and International Moth. Six entries are required to establish a class. There will be a PY Fleet/s for classes unable to establish a class. The PRO will reserve the right to start classes together.

Eligible crews shall enter by completing registration and payment of entry fee as prescribed in the Notice of Race for the regatta.

### **3. SPONSOR'S LOGO**

Sponsor's logos will be given out at registration.

The sponsor's logo may be applied to the hull or foredeck with the front edge not more than 12" from the bow.

Each competitor is responsible for applying the logo to the bow of their boat and ensuring it remains attached for the duration of the regatta. Take care and time to apply the logo. The hull surface must be clean and dry before the logo is applied.

### **4. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located on the front porch of the Main Clubhouse.

### **5. CHANGES TO SAILING INSTRUCTIONS**

Any changes in the SI's will be posted before 0800hrs on the day it will take effect, except any change in the schedule of races will be posted by 1900hrs on the day before it will take effect.

### **6. SIGNALS MADE ASHORE**

Signals made ashore will be displayed from the main club flagpole located on the front lawn of the Main Clubhouse. If a postponement is signaled ashore, the first warning signal will be made not less than 1 hour after the AP is lowered.

**7. RADIO COMMUNICATIONS – EMERGENCY ONLY**

Each boat may carry a VHF radio capable of transmitting and receiving on channel 69 & 78a. This changes class rules which may prohibit use of VHF radio. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communication not available to all boats. This restriction also applies to mobile telephones. Boats retiring from a race are required to inform the race committee as described in section 13. No race information will be transmitted by radio.

**8. SCHEDULE OF RACES**

<p><b>Saturday</b> 0930 1000 1100</p>	<p><b>October 10, 2009</b> Competitors meeting – Main Clubhouse Terrace Registration closes First warning signal, subsequent races back-to-back</p>	<p>It is the intention to sail as many races as conditions and time constraints will allow.</p>
<p><b>Sunday</b> 1000</p>	<p><b>October 11, 2009</b> First warning signal, subsequent races back-to-back  No warning signal will be made after 1530hrs.</p>	

**9. CLASS FLAGS**

Class flags will be numeral pennants. Class insignia flags may be substituted for the numeral pennants.

<b>I</b>	<b>II</b>	<b>III</b>	<b>IV</b>	<b>V</b>	<b>VI</b>	<b>VII</b>	<b>VIII</b>	<b>IX</b>
<b>Viper</b>	<b>RSK6</b>	<b>FD</b>	<b>505</b>	<b>F18</b>	<b>A-Cat</b>	<b>International Moth</b>	<b>PY Division 1</b>	<b>PY Division 2</b>
<b>ORANGE RACE AREA</b>				<b>YELLOW RACE AREA</b>				

**10. RACING AREA**

There will be two separate race areas off Milton Point, Rye, New York. The Orange Area will be located approximately 1.0nm East of “Bell 42”. The Yellow Area will located approximately 1.0nm South East of “Bell 42”. RC boat for Orange Area will be “Scotch Caps” (blue hull). RC boat for Yellow Area will be “Press on Regardless” (red hull). Race Area assignment for each class is given in Section 9 above.

**11. COURSES**

The courses are given in Appendix A of these SI’s.

The race committee signal board (sample at left) will display:

- (a) The approximate compass bearing and range to Mark 1.
- (b) Class numbers (Roman numerals) in their starting sequence order. NOTE: Numbers may not be in numerical order. **Classes may be started together at the discretion of the Race Committee.**
- (c) The course for each class will be displayed next to its class number. If the course is the same for the succeeding class or classes, their course space will be left blank. Courses will be identified as per Appendix A.

← Sample Signal Board (labels will not be displayed) →

aft	bearing	range	class	course	forward
	<b>2</b>	<b>0.</b>	<b>I</b>		
	<b>3</b>	<b>7</b>	<b>IV</b>		
	<b>0</b>	<b>5</b>	<b>II</b>		
			<b>III</b>		

## 12. MARKS

All marks will be orange or yellow inflatable buoys according to the race area. The offset mark at the windward mark will be a small orange/red buoy.

All marks and the start marks and finish pins shall be left to port. The race committee, at its discretion may set a gate as the leeward mark. If the leeward mark is a gate, boats shall pass through the gate from the direction of the previous mark before proceeding onto the next leg of the course. The leeward mark or gate is not a mark of the course for the final downwind leg. The start and finish lines are restricted. Boats shall not pass through the start and finish lines unless starting or finishing. Penalty for infringement will be non-discardable DSQ.

## 13. CHECK-IN AND RETIRING

Prior to the first warning signal for the first race each day, each boat shall sail by the stern of the Race Committee Signal boat on starboard tack and check-in. Boats retiring for the day, withdrawing from a race or not intending to start a race must notify the race committee at the first opportunity.

## 14. THE START

Races for International 505 Class shall be in accordance with Appendix B – Gate Starts

Races for all other classes will be started in accordance with RRS 26

Succeeding classes will be started as follows:

- a) at 5-minute intervals by displaying a class's flag at the start of the preceding class (classes may not be started in numerical order), or
- b) at any time afterwards by re-commencing the 5-minute sequence described above. A re-commencement will be preceded by a series of repetitive sounds.

Time	Title	Signal
05	Warning Class flag/s;	1 sound
04	Preparatory P, I, Z, Z with I, or black flag;	1 sound
01	One-minute Preparatory flag removed;	one long sound
00	Start Starting class flag/s removed;	1 sound

The starting line will be between a staff displaying an orange flag on the race committee signal boat at the starboard end and an inflatable mark at the port end.

Boats whose warning signal has not been made shall keep clear of the starting area and of all boats whose warning signal has been made. A boat shall not start later than 5 minutes after her starting signal.

The Race Committee will endeavor to hail sail number/s of boats who are OCS, but it shall not be a defense against a boat being not finished if such boats are not so notified.

## 15. CHANGE OF COURSE AFTER THE START

A change of course after the start will be signaled before the leading boat has begun the leg, although the new mark may not then be in position. The new mark will have a black band. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark, ie no black band.

## 16. FINISH

The finish will be between a staff displaying an orange flag on a committee boat and a pin displaying an orange flag on the starboard side of the RC boat.

A further race will be held when the committee boat displays the "R" flag at the finish of the first and subsequent races.

## 17. TIME LIMIT

The time limit for the first boat to finish shall be 1 hour and 30 minutes. Boats failing to finish within 15 minutes of the first boat that sails the course or after the time limit, whichever is later, shall be scored DNF. This changes RRS 35.

If a boat in last place in a race is delaying the start of another race, the race committee may terminate the race and score that boat in the place she would have finished.

## 18. PROTESTS

A boat intending to protest shall report this to the race committee promptly after finishing that race. This changes rule 61.1a. Written protests shall be delivered to the protest committee desk in the Clubhouse no later than 1 hour after the race committee comes ashore. Protest forms are available at the front desk of the yacht club.

The expiration time for filing written protests and a list of protests in the approximate order in which they will be heard will be posted on the official notice board. Hearings will begin as soon as practicable.

## 19. ARBITRATION

For protests involving an alleged breach of a rule in Part 2 – When Boats Meet, a short arbitration hearing will be held prior to a protest hearing. This changes Part 5 Section B of the RRS.

After a written protest is filed, one representative from each boat will meet with an arbitrator. No witnesses will be allowed.

A boat that accepts fault at the arbitration hearing shall receive a penalty of 40% of the number of entries (rounded upward 0.5) added to her finish position, except that she shall not be scored worse than DNF.

The arbitrator is neither the race nor protest committee; therefore, decisions made during arbitration cannot be grounds for redress and cannot be appealed.

The arbitrator will not be a member of the jury that hears the protest but may be permitted to observe testimony presented and offer testimony. This changes rule 63.3 (a).

## 20. SCORING and PRIZES

The Low Point scoring system of Appendix A will apply. The worst score for each boat shall be discarded if 6 or more races are sailed and the worst two scores if 9 or more races are sailed. Prizes will be awarded following the conclusion of racing on Sunday, October 12, for first, second and third place finishers in a class or division.

## 21. CONDUCT AND RESPONSIBILITY

The skipper/owner shall be responsible for all actions of his or her crew or guests. In the event of a serious breach of conduct, sportsmanship, destruction of property, or failure to comply with the request of any race officer, committee member or agent of the American Yacht Club, the skipper/owner will be held responsible and his/her boat shall be subject to protest and disqualification.

The American Yacht Club is not responsible for bodily injury or property damage suffered from any cause. Each participant, including skipper and crew, waives any and all claims, including those arising from negligence or lack of due care, which he/she may have against the American Yacht Club, its regatta committee, and its officers, trustees, committee members, members, agents, or employees. Responsibility for evaluating the wind, sea and weather conditions rests with each participant as does responsibility for the safe condition of the boat, including safety equipment and rigging. Patrol boats or other assistance is likely to be available. Assistance, if any, from the regatta committee or other American Yacht Club vessels, or other patrol boats, from any personnel manning them, is at the risk of the participant.

Donald D. Dowd & Sandison E. Weil – Principal Race Officers

John Wyles – Event Chairman

Carina Prakke-McCabe – Event Co-Chairman

Glenn A. Morrison – Protest Committee Chairman

